

EASTSIDE  
PREPARATORY  
SCHOOL

# *An Introduction*



*Think Critically* | *Act Responsibly* | *Lead Compassionately* | *Innovate Wisely*



# EPS: An Introduction

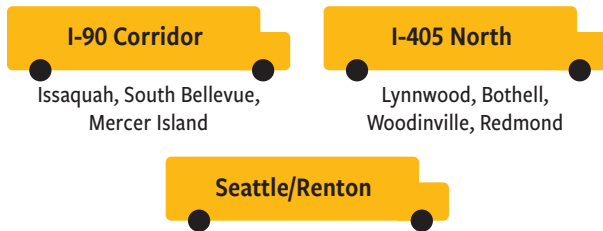
**THINK CRITICALLY.  
ACT RESPONSIBLY.  
LEAD COMPASSIONATELY.  
INNOVATE WISELY.**

Through our TALI mission, we inspire students to create a better world.

## Transportation Options

### EPS Bus Routes

EPS provides three private transportation routes:



### Public Transportation

Convenient access to public transportation (via a two-minute walk to the South Kirkland Park & Ride).

### EPS Family Carpools

EPS families are included in a Carpool Map for help with coordinating shared rides to and from campus and other school activities.

[→ Learn more about transportation](#)



## Who We Are

- ▶ Each class session has a maximum of 18 students.
- ▶ The Middle School currently has a maximum of 198 students.
- ▶ The Upper School currently has a maximum of 340 students.

Grade	5	6	7	8	9	10	11	12	
<b>Target Enrollment</b>	36	54	54	54	85	85	85	85	<b>538</b>
<b>Typical Number Admitted</b>	36	18	0-3	0-3	35-40	0-3	0-3	—	

### Demographics



**60%**  
students  
of color



**36**  
languages  
spoken at home



**51**  
home  
zip codes



**147**  
schools  
of origin

## Tuition (2023-2024): \$42,500

### Required costs beyond tuition:

- ▶ **Laptop:** \$2,250
- ▶ **Books and Supplies:** \$200 - \$750 based on grade level and course selection
- ▶ **Education Beyond the Classroom (EBC):** \$400 - \$6,000 based on experience chosen

## Financial Aid

### Our goal: make EPS affordable for every enrolled family.

- ▶ 1 in 10 students receives a need-based grant for tuition and other required costs.
- ▶ We admit students to Eastside Prep because of who they are, not because of their family's ability to pay tuition.
- ▶ We are committed to meeting the demonstrated financial need of all enrolled EPS families for both tuition and other costs of attending school.

[→ Learn more about costs and apply for aid](#)



# What does a day in the life of an EPS student look like?



The EPS schedule is designed for depth of experience, ample transition time, and opportunities to connect with peers and teachers. Four class periods meet each day out of a total of eight class periods, one or more of which is a study hall or free period. Class period order reverses on days three and four of our four-day rotation, balancing natural cognitive differences for teenagers between the morning and afternoon.

Each EPS student has their own unique schedule. Here are examples of a potential sixth and ninth graders' schedules:



Classes are seventy minutes long with fifteen minute passing periods between them. An optional "Zero (0)" Period for Upper School students takes place Tuesday through Friday from 7:30-8:15 a.m. for Chamber Music Ensemble and Chamber Choir.

		Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:40 (70 minutes)	<b>6th Grade</b>	<b>A Period</b> Literary Thinking 1	<b>E Period</b> Scientific Thinking 1	<b>D Period</b> Intro to String Instruments	<b>H Period</b> Pre-Algebra	<b>A Period</b> Literary Thinking 1
	<b>9th Grade</b>	Geometry	Intro to Public Speaking	Boundaries: Literature	Spanish 2	Geometry
----- 15 min. passing period -----						
9:55-11:05 (70 minutes)		<b>B Period</b>	<b>F Period</b>	<b>C Period</b>	<b>G Period</b>	<b>B Period</b>
	<b>6th Grade</b>	Study Hall	Historical Thinking 1	5-6 Soccer	Speaking Spanish	Study Hall
<b>9th Grade</b>	Biology	PE: Wellness	Boundaries: Social Science	Free Period	Biology	
----- 5 min. passing period -----						
Middle Band 11:10-11:45 (35 minutes)	<b>6th Grade</b>	Lunch	Lunch	Lunch	Lunch	Lunch
	<b>9th Grade</b>	Class Meeting/ Upper School Assembly	Advisory	Office Hours for 9th graders (Optional Seminar time for 10th-12th graders)	Club Time	Flex Time, Student Leadership Council Meeting, Affinity Group Meetings
----- 5 min. passing period -----						
Middle Band 11:50-12:20 (30 minutes)	<b>6th Grade</b>	Advisory	Class Meeting, Middle School Assembly, or Affinity Group Meetings	Clubs Time	Advisory	Open Activity Time (Sport Court/Maker Space, etc.)
	<b>9th Grade</b>	Lunch	Lunch	Lunch	Lunch	Lunch
----- 5 min. passing period -----						
12:25-1:35 (70 minutes)		<b>C Period</b>	<b>G Period</b>	<b>B Period</b>	<b>F Period</b>	<b>C Period</b>
	<b>6th Grade</b>	5-6 Soccer	Speaking Spanish	Study Hall	Historical Thinking 1	5-6 Soccer
<b>9th Grade</b>	Boundaries: Social Science	Free Period	Biology	PE: Wellness	Boundaries: Social Science	
----- 15 min. passing period -----						
1:50-3:00 (70 minutes)		<b>D Period</b>	<b>H Period</b>	<b>A Period</b>	<b>E Period</b>	<b>D Period</b>
	<b>6th Grade</b>	Intro to String Instruments	Pre-Algebra	Literary Thinking 1	Scientific Thinking 1	Intro to String Instruments
<b>9th Grade</b>	Boundaries: Literature	Spanish 2	Geometry	Intro to Public Speaking	Boundaries: Literature	
3:00-3:30	Office Hours/Flex Time					
3:30-5:30	Sports, Academic Teams, Theatre (Play Rehearsal) or After-School Study Hall (until 6:00)					



# The EPS Experience

## Supporting All Learners

We believe that all individuals have strengths and areas of challenge, so at EPS, learner variability is the norm, with no particular “right” way of thinking or learning. We approach challenges with curiosity and compassion, working collaboratively with students and faculty as inevitable challenges arise through the learning process.

- ▶ Students with a wide variety of learning profiles successfully navigate our rigorous and challenging academic curriculum. All students benefit from a study hall or free period in their schedule to accomplish out-of-class assignments in a supportive environment, and our fee-based **Guided Study Hall** program further supports students through a 4:1 student to learning support specialist ratio and encourages students to develop personalized learning tools.
- ▶ All students can participate in meaningful, challenging learning opportunities, therefore all students deserve equitable access to instruction and content. **One in four students receives accommodations** to support them in their learning.
- ▶ Three full-time school counselors support our students through 1:1 meetings as well as the development and leadership programs enhancing students’ social and emotional learning.

## Fostering Independence

The ‘prep’ in Eastside Prep is not just about preparing for college, but all aspects of learning throughout life. Students become independent adults when given both choices and support, so our program includes numerous options for all students along with the encouragement to try new and challenging pursuits.

- ▶ In fifth through twelfth grades, students choose **elective courses** each trimester, including arts and physical education offerings.
- ▶ Upper School students have **seminar options** beginning in tenth grade as well as **independent study options** beginning in eleventh grade.
- ▶ **Co-curricular after-school program** options include academic teams, theatrical productions, and sports teams.
- ▶ Upper School students elect a Student Leadership Council (SLC) each year. SLC leads assemblies, plans student-led activities, and serves as a voice for their peers.

## Cultivating Belonging

When students feel a sense of belonging, they are encouraged to be their authentic selves and to help others do the same. During their time at EPS, students develop an understanding the diverse world around them. By acknowledging and addressing marginalization, students create a better world—starting right here at school. Equity, Inclusion and Compassionate Leadership (EICL) encompasses our school values of diversity and belonging, along with all programs stewarded by our EICL co-coordinators.

- ▶ **Connecting through affinity groups**, individuals with common identities celebrate joys and address challenges in optional, facilitated communities. These are arranged by Middle School (monthly), Upper School (bi-weekly), and Faculty/Staff (monthly).
- ▶ **Living our mission** at the intersection of critical thinking, responsible action, and compassionate leadership entails courageous conversations, particularly in our classrooms, where knowledge and understanding continually evolve.
- ▶ **Striving for deeper connections** as a community, our Culture Night, family affinity gatherings, and EICL community conversations all help to align student experiences between school and home.



Learn more about how we support our students



# Middle School Curriculum Map



Trimester Course



Yearlong Course

(#) Grade Level

Courses by Grade Level

## Literary Thinking (5-8) **YL**

Introduction to Literary Thinking (5)      Literary Thinking 1 (6)      Literary Thinking 2 (7)      Literary Thinking 3 (8)

## Historical Thinking (5-8) **YL**

Introduction to Historical Thinking (5)      Historical Thinking 1 (6)      Historical Thinking 2 (7)      Historical Thinking 3 (8)

## Scientific Thinking (5-8) **YL**

Introduction to Scientific Thinking (5)      Scientific Thinking 1 (6)      Scientific Thinking 2 (7)      Scientific Thinking 3 (8)

Differentiated Instruction

## Mathematical Thinking **YL**

Fifth and sixth grade students learn math with their grade level classmates through differentiated instruction. Our program encompasses math fluency, habits of mind, and application of concepts. Middle School math is not simply about achievement, and we do not prioritize acceleration for acceleration's sake. Diagnostic tools are used, along with prior school information, to identify areas of strength and potential growth in math. Holistic, math teacher-led interviews are conducted with all incoming students to assess their math fluency and computational skills.

Mathematical Foundations 5      Mathematical Foundations 6      Pre-Algebra      Algebra 1      Geometry      Algebra 2

## Spanish **YL**

Speaking Spanish (5)      Speaking Spanish (6)      Speaking Spanish (7)      Spanish 1, 2: Foundations, 2, or 3 (8)

Core Options

## Fine & Performing Arts **TRI**

Three Trimesters (5)      Three Trimesters (6)      Two Trimesters (7)      Two Trimesters (8)

### Visual Art

The Magic of Art | Mixed Media | Art Meets Tech      Drawing and Painting | Digital Storytelling | Mixed Media

### Music

Middle School Choir | Introduction to Wind Instruments | Introduction to String Instruments | Chamber Music Ensemble

### Theatre

Introduction to Theatre | Playing Shakespeare | Introduction to Improv      Acting 5/6, Acting 7/8, Acting: One Acts | Stagecraft

## Physical Education **TRI**

Three Trimesters (5)      Two Trimesters (6)      Two Trimesters (7)      Two Trimesters (8)

**Middle School PE:** Eastside Prep offers a new perspective on physical education through movement, wellness, and mindfulness. We encourage and inspire students to take responsibility for their own fitness and health, developing life skills for healthy living. Courses include individual and group formats such as Yoga, Customized Training to Maximize Performance, and group physical education classes. We believe that team building, mindfulness, and improvement of athletic skills helps students become more interested in lifelong sports and activities.

Core Literacies

## Technology **TRI**

Students in fifth grade work on developing their competencies and that learning will continue in sixth grade as students begin taking trimester-based technology courses      BOTZ (6)      MAKE (7)      WEB (8)

## Environmental Practices **TRI**

Environmental Practices Local Studies (7)      Environmental Practices Global Solutions (8)

View our course catalog





# Upper School Curriculum Map

**TRI** Trimester Course    **YL** Yearlong Course    (#) Grade Level

## Humanities (9-10) **TRI**

All Global Humanities offerings pair Literature and Social Science perspectives through two linked courses each trimester.

### 9th grade

Fall	Winter	Spring
Boundaries	Migration	Origins
Connections	Exchange	Authority

### 10th grade

Fall	Winter	Spring
Europe: The Medieval World	Europe: The 19th Century	Modern Middle East Modern Asia
Europe: Revolutions in Thought	Europe: Modern Perspectives	Modern Africa Modern Latin America

## American Studies (11) **YL**

American Literature *with* US History: The American Question

## Science

### Yearlong

Biology (9)	Advanced Chemistry (11-12)	Astronomy	Geoscience
Chemistry (10)	Advanced Physics (12)	Data Science 1   2	Marine Biology
Physics (11)	Environmental Science (11-12)		
Organic Chemistry (11-12)			
Advanced Biology (11-12)			

### Trimester (10-12)

## Math **YL**

Algebra 1	Pre-Calculus	Advanced Topics in Mathematics
Geometry	Calculus	Statistics
Algebra 2	Advanced Calculus	

## Fine & Performing Arts **TRI**

### Visual Art

Digital Illustration	Printmaking	Drawing and Painting 1   2
Mixed Media	Digital Photography	Graphic Design 1   2
Paper Engineering	Digital Filmmaking	

### Theatre

Acting 1   2	Directing	Stagecraft
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### Music

Rock Vocal Studio	Introduction to Wind Instruments
Chamber Choir	Introduction to String Instruments
Understanding Music	Rock Orchestra
Digital Music Studio	Chamber Music Ensemble

## Literature (12) **TRI**

Literature and the Natural Environment	1950s: Literature, Culture, & Film
Postmodern Theory and Literature	Western Fiction and Drama
	The Modern Novel

## Political Science (12) **TRI**

Democratic Theories and Civic Practices	Public Policy
Comparative Government	International Relations
Law and Justice	The Economics of Development

## Spanish

### Yearlong

Spanish 1	Spanish 2: Foundations	Spanish 3	Spanish 4
Adv. Language (11-12)	Spanish 2	Adv. Literature (11-12)	

### Trimester (10-12)

Advanced Conversation Through:		
Cinema (10-12)	Music (10-12)	Current Events (10-12)

## Physical Education **TRI**

PE	Yoga	Wellness	Customized Training to Maximize Performance
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## Technology and Computer Science **TRI**

### Programming

Programming 1   2	Advanced Programming: Algorithms & Data Structures	Web Design 1   2
Advanced Programming: Topics in Computer Science	Programming 2: Topics in Computer Science	Physical Meets Digital

### Design

## Interdisciplinary **TRI**

*Understanding & Navigating the Modern World*

### Expression

Introduction to Public Speaking
Creative Writing
Adv. Creative Writing: Genre Study

### Place-based

Experience: Seattle (10-12)
Experience: Arches National Park (12)
Topics in Urban Planning and Community Design

### Media

Truth in Film: The Crafting of Reality
Modern Mythology in American Film
Media Literacy: Navigating the Digital Age

### Thinking

Undercover Economics: Thinking at the Margin
Evolution of Society: Economics & Technology (10-12)



# Independent Curriculum

## Seminars (10-12)

### Faculty-designed, student-fueled

- ▶ Facilitated by a faculty member or faculty pair, with guest presenters invited based on particular knowledge/experience.
- ▶ Six fifty-minute sessions (meeting once per week).
- ▶ Work done outside of sessions prepares students for collaboration and independent work at the collegiate level.
- ▶ Takes place in the middle of each trimester. Seminars are optional, student-driven, collaborative learning experiences with three to six students and one or two faculty members.

**Adventure in the Marvelous Outdoors**

**Central America:**  
Culture, Legend, & Tales

**Deliberate Design:**  
College, Career, Life

**Experiencing Nature Through Literature**

**Frontiers in Engineering**

**Gen Z on TV**

**Gender Studies**

**Global Trends 2040**

**Harm Reduction**

**Indigenous Issues in Contemporary Latin America**

**Introduction to Functional Programming**

**Introduction to Queer Theatre**

**Language Change**

**Latinx Pop Culture**

**Literary Translation:**  
Global Art

**Modern Arab History**

**Modern Chess Openings**

**Music Theory**

**Neuroscience:** Emotions, Relationship, & Learning

**Patterns in the Mind:**  
Language and Human Nature

**Periodic Dining Table:**  
Topics in Food Science

**Queer Resistance**

**Relational Databases**

**Revolutions in Latin America:**  
Four Case Studies

**Siege Warfare**

**Systems Thinking:**  
An Introduction to Ecological Modeling

**The Ethics of Indigenous Rights**

**The Millennium Problems:**  
Million Dollar Math Puzzles

**Understanding Baseball Through Statistics**

**Understanding Computers from the Transistor Up**

**Well-Being:**  
The Five Essential Elements

*While all EPS seminars appear above, not all seminars are offered each year.*

## Independent Study | Project (11-12)

### Student-designed and fueled

- ▶ Students design, propose, and pursue an independent course of study with the support of a faculty mentor.
- ▶ Ten fifty-minute sessions with faculty mentor, once a week.
- ▶ Work outside of sessions is preparation for independent research at the collegiate level.
- ▶ Starts in eleventh grade spring trimester.

## Senior Thesis (12)

### Student-designed and fueled

- ▶ Students expand the scope of research from a previous independent study, engage in new, original research, or combine both previous and new research.
- ▶ Five fifty-minute sessions with faculty mentor, once a week.
- ▶ Work outside of sessions is preparation for independent research and production at the collegiate level.
- ▶ Two Independent Studies of exceptional quality are a prerequisite to a Senior Thesis.

Students can begin experiencing the Upper School independent curriculum in tenth grade, with options for independent study starting at the end of eleventh grade.

COURSE	TENTH GRADE			ELEVENTH GRADE			TWELFTH GRADE		
	FALL	WINTER	SPRING	FALL	WINTER	SPRING	FALL	WINTER	SPRING
<b>Seminars (10-12)</b> 6 Weeks / Mid-trimester	●	●	●	●	●	●	●	●	●
<b>Independent Study   Project (11-12)</b> One Trimester						●	●	●	●
<b>Senior Thesis (12)</b> Two Trimesters						● Ind Study of Exceptional Quality	● Ind Study of Exceptional Quality	● Ind Study Senior Thesis 1 Research & Methods	● Senior Thesis 2 Construction & Publication

View our seminars







# The EPS Student Experience

## During the School Day

### ADVISORY PROGRAM

- ▶ Advisors get to know students through all aspects of student life. Advisors are students' advocates and sounding boards.
- ▶ Upper School students meet in advisory once a week, and Middle School advisory groups meet twice a week.
- ▶ Upper School peer mentors join Middle School advisory once per month.

### STUDENT-LED AND STUDENT-DESIGNED CLUBS AND ACTIVITIES

Clubs are based on student-led interest. Therefore, they may change each year and each trimester.

#### Middle School Clubs

- ▶ La Mesa de Español
- ▶ Decompression Club
- ▶ Fantasy Football
- ▶ Film Making
- ▶ Homework Club
- ▶ Kindness Club
- ▶ Magic the Gathering
- ▶ Eighth Grade Leadership Lab
- ▶ Allies for Equity
- ▶ Breaking the Binary
- ▶ Chess
- ▶ Environmental Enthusiasts
- ▶ K-Pop Dance Club
- ▶ Magic the Gathering
- ▶ Reading for Fun
- ▶ Science Club

#### Upper School Clubs

- ▶ APIDA (Asian, Pacific Islander, Desi American)
- ▶ Aquila (Literary Magazine)
- ▶ Badminton
- ▶ Bridge Club
- ▶ Board Game Club
- ▶ Business Club
- ▶ Chess
- ▶ Civic Engagement
- ▶ Dungeons & Dragons
- ▶ Environmental Club
- ▶ Fantasy Football
- ▶ Girls Empowerment
- ▶ GSA (Gender and Sexuality Alliance)
- ▶ Hack Club
- ▶ Linguistics Olympiad
- ▶ Marine Science Club
- ▶ Students Against Substance Misuse
- ▶ The Eagle Eye (Newspaper)
- ▶ Medicine Club
- ▶ Yearbook
- ▶ La Mesa de Español
- ▶ Electric Vehicle Project
- ▶ Allies for Equity (A4E)
- ▶ Student Athlete Leadership Club (SALC)

#### Middle School Open Spaces

- ▶ Sport Court
- ▶ Gym
- ▶ Art Room
- ▶ Maker Space
- ▶ Library
- ▶ Board Game Space

### AFFINITY GROUPS

Affinity groups provide a biweekly space to share common identities with fellow students and to both celebrate joys and address challenges they may face.

- ▶ Breaking the Binary
- ▶ GLAM (Gay, Lesbian, and More)
- ▶ Black/African-American
- ▶ East and Southeast Asian
- ▶ Latinx/Latine
- ▶ South Asian/Desi
- ▶ Neurodivergent
- ▶ Young Women's Group
- ▶ Remaking Masculinity - Young Men's Group
- ▶ Multiracial/Biracial
- ▶ Black Student Union
- ▶ White Anti-Racist
- ▶ Muslim Student Association

### PHYSICAL EDUCATION (PE) PROGRAMS

The mission of the Eastside Prep PE Program is to inspire, prepare, and encourage students to develop a positive attitude toward participation in physical activity and healthy living. In addition to group PE courses, we offer:

- ▶ PE Wellness, where students learn how the body works to keep it healthy (required for all ninth graders).
- ▶ Customized Training to Maximize Performance to track and achieve personal fitness goals, and Yoga to cultivate brain-body connections.
- ▶ Sports practiced during the school day with occasional games after school (fifth/sixth grades); participation in after school athletics teams in lieu of PE classes (Upper School).

### CREATIVE SPACES

In addition to their arts elective courses (see Curriculum Maps on pages 5 to 8), students enjoy exploring their creativity throughout campus:

- ▶ Makerspace has 3D printers, wood laser cutters, vinyl cutters, sewing machines, and craft supplies to explore.
- ▶ Design Lab has 3D printers, wood laser cutters, virtual reality, CNC cutters, and coding.
- ▶ O'Hara Art Studios offer painting, crafting sculpting, drawing, graphic design, and more.
- ▶ The Media Production Studio offers professional cameras, a green screen, portrait drops, a professional lighting grid, and state-of-the-art film and music production software.
- ▶ Music Practice Rooms offer individual spaces for students to practice their instruments.

### STUDY HALL & GUIDED STUDY HALL

- ▶ Each student has a study hall, guided study hall, or free period as one of their seventy-minute class periods which meets two to three times per week.





## After School

### ACADEMIC TEAMS

#### Middle School Teams

- ▶ Chess Team
- ▶ Debate Team
- ▶ First Lego League Robotics
- ▶ Math Team

#### Upper School Teams

- ▶ Debate Team
- ▶ EPS Research & Development (R&D)
- ▶ First Tech Challenge Robotics
- ▶ Math Team

### ART PRACTICE AND PERFORMANCES

In the Fine & Performing Arts, students form a trusted community of friends, honing skills in expression, resilience, and collaboration. Audition-based opportunities before and after school cater to those seeking focused and dedicated training in theatre and music.

- ▶ Middle School Play | Fall Trimester
- ▶ Upper School Play | Winter Trimester
- ▶ All-School Musical | Spring Trimester
- ▶ Chamber Music Ensemble & Chamber Choir | Year-long music performance groups (before school)

### ATHLETIC TEAMS

EPS' athletic program is a participation-based program with a no-cut policy that allows every student—no matter their athletic ability or experience—to feel welcomed and part of a team.

	MS Girls	MS Boys	US Girls	US Boys
<b>Basketball</b>	W	W	W	W
<b>Crew</b>	F & S	F & S	F & S	F & S
<b>Cross Country</b>	F	F	F	F
<b>Golf</b>	n/a	n/a	Coming soon	F
<b>Soccer</b>	F	F	F	S
<b>Tennis</b>	S	S	S	F
<b>Track &amp; Field</b>	S	S	S	S
<b>Ultimate Frisbee</b>	S	S	S	F
<b>Volleyball</b>	S	n/a	F	n/a

W = Winter F = Fall S = Spring

### AFTER-SCHOOL STUDY HALL

- ▶ This is supervised time to work on homework and group projects after school.
- ▶ After-School Study Hall is offered from 3:30-6:00 pm on school days.



## Beyond School

### LEARNING THROUGH EXPERIENCE & EDUCATION BEYOND THE CLASSROOM (EBC)

Learning through experience is a component of all EPS courses, and excursions beyond campus support a deeper integration of knowledge.

- ▶ All students attend a two-day orientation at the start of school, featuring overnight stays for sixth, ninth, and twelfth grades.
- ▶ Service opportunities deepen students' understanding of the needs, issues and problems facing their community and the world, empowering students to understand their roles in meeting those needs, addressing those issues, and solving those problems.
- ▶ During Culture Night, EPS families share experience-oriented exhibits and learn from others as they laugh, sing, eat, and dance together.
- ▶ Education Beyond the Classroom (EBC) offers a wide variety of week-long experiences focused on arts, science, history, culture, the environment, and service.
- ▶ Field trips to the Seattle Aquarium, King County Courthouse, Seattle Asian Art Museum (and many more locations!) enhance student learning.

### SOCIAL OPPORTUNITIES

Middle and Upper School social events are an important part of student life at EPS.

- ▶ Socials with games and dancing (Grades 5/6, 7/8, 9/10, as well as US Homecoming and Prom)
- ▶ Thematic Socials (Halloween)
- ▶ Movie Nights (including Spanish language movies)
- ▶ Sporting events, including Homecoming each trimester
- ▶ Music performances, theatre shows, and visual art shows





# The EPS Family Experience

## Parent/Guardian Engagement

Well-being of EPS students is deeply connected to the adults who support them.

### PARTNERSHIP

We partner with parents and guardians to ensure care and alignment between school and home environments.

- ▶ Admissions Parent/Guardian Interviews
- ▶ Advisor - Family Conferences
- ▶ Back-to-School Night
- ▶ Teacher - Student - Parent/Guardian(s) Conferences
- ▶ Narrative comments with grade reports
- ▶ Grade-level parent/guardian coffees hosted by MS/US leadership
- ▶ Parent/Guardian Series hosted by MS/US leadership
- ▶ Daily breakfast opportunity (many parents/guardians enjoy popping in for an occasional breakfast on campus!)
- ▶ Parents/guardians can access our learning management system, Canvas, to stay aware of their student's academic progress.
- ▶ In addition to conference opportunities and Back-to-School Night, all parents/guardians are welcome to contact teachers, advisors, and school leadership via email at any time.



### OPPORTUNITIES TO CONNECT

We know that a school community is not simply about students' experiences, so we take the opportunity to gather and connect as adults throughout the year.

- ▶ Fall Harvest (adult social)
- ▶ Winter Celebration (adult social)
- ▶ Parent CARE small groups
- ▶ WhatsApp chat groups by grade level
- ▶ Head's Table conversations by grade level
- ▶ Association of Parents and Guardians (APG) gatherings held regularly by grade level
- ▶ Culture Night (students and families)

### OPPORTUNITIES TO CONTRIBUTE

We want each member of our community to have ways to collaborate and contribute to EPS. No volunteer hours are required, though many opportunities are available. One unique aspect of our culture is that we do *not* host events with active fundraising components such as auctions or ask families to fundraise through selling items on behalf of the school. Ways to contribute include:

- ▶ Association of Parents and Guardians (APG) committees, leadership, event support, and more!
- ▶ Parent Ambassadors for Admissions
- ▶ Voluntary donations to the Annual Fund
- ▶ Sharing professional and/or personal experiences through guest appearances in seminars, panels, and other programs







# College Counseling

## Overview

At EPS, students drive their college process with the support and empowerment of a team of professionals dedicated to their success. Members of the College Counseling team all work with students in other roles at the school: they have coached, traveled with, taught and advised students before guiding them through their college-finding journey. They have firsthand insights into each student's character and interests. In our unique model, students are assigned both a college process coach and writing coach. The Associate Head of School for College Counseling and Alumni Relations supports all families in the college process.



**Bart Gummere**  
Associate Head of  
School for College  
Counseling and  
Alumni Relations



**Katie Yost**  
Administrative  
Assistant for College  
Counseling and  
Alumni Relations

## Process

Students are guided by their Process Coach to complete each of these steps:

- ▶ Engage in extensive self-reflection with the goal of developing and continually refining a list of criteria important to the student's college search.
- ▶ Gain awareness of colleges and universities beyond the student's own experience.
- ▶ Learn effective strategies for researching schools in order to build, refine, and finalize the college list, including awareness of financial aid and merit scholarship opportunities.
- ▶ Plan for campus visits, conduct mock interviews, and prepare for interactions with college admissions representatives.
- ▶ Develop a standardized testing plan.
- ▶ Maintain strong communication through regular family meetings and frequent one-on-one meetings throughout the process.
- ▶ Compile, complete, and submit applications.
- ▶ Evaluate and make final decisions about matriculation, including financial aid award options.

## PROCESS COACHES



Elizabeth Andersen



Michael Anderson



Kelly Violette



Adam Waltzer

Learn more  
about the  
College  
Counseling  
process



## Writing

Students are guided by their Writing Coach to complete each of these steps:

- ▶ Understand the purpose of college admissions essays through mock admissions examples.
- ▶ Reflect on their own unique characteristics and story with the help of brainstorming activities and personal conversations.
- ▶ Generate potential writing topics.
- ▶ Draft and edit personal statements and supplements.
- ▶ Refine and complete college application writing that demonstrates their writing ability and more importantly, who they are and what they care about.

## Events

Students participate in these college counseling events:

- ▶ Visit two local universities in the tenth grade.
- ▶ Take the PSAT and practice ACT.
- ▶ Attend a mock admissions night for families.
- ▶ Attend four college counseling nights for families.
- ▶ Attend workshops to receive support from college counselors on the college process and application work.
- ▶ Meet with college admission officers who visit EPS (we host more than 100 of them each fall).
- ▶ Travel on optional college tours through Education Beyond the Classroom (EBC) trips.

### WRITING COACHES



Stephen Keedy



Allison Luhrs



Elena Olsen

## Test Prep

To help students prepare for the ACT and SAT, students have the opportunity to take a practice PSAT and ACT in tenth grade. In the fall of their junior year, students take the PSAT on campus, which also serves as the qualifying test for the National Merit Scholarship Program. The table below shows the middle 50% of scores from the EPS Classes of 2021, 2022, and 2023 for both the ACT and the SAT.

SAT Examination	Middle 50%	Mean
Reading / Writing	640 - 740	687
Math	620 - 750	683
Total	1250 - 1470	1369
National Percentiles	86th-99th	96th

ACT Examination	Middle 50%	Mean
English	28 - 35	31
Math	26 - 31	28
Reading	31 - 35	33
Science	26 - 34	30
STEM	27 - 33	29
Composite	28 - 33	31
National Percentiles	88th-98th	93

## By the numbers

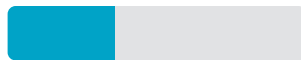
604 students have graduated in the classes of 2009-2023. Of those:



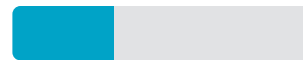
78% attend a university outside Washington State



43% attend a university of 10,000 or more undergraduate students



36% attend a university east of the Mississippi River



34% attend a public university

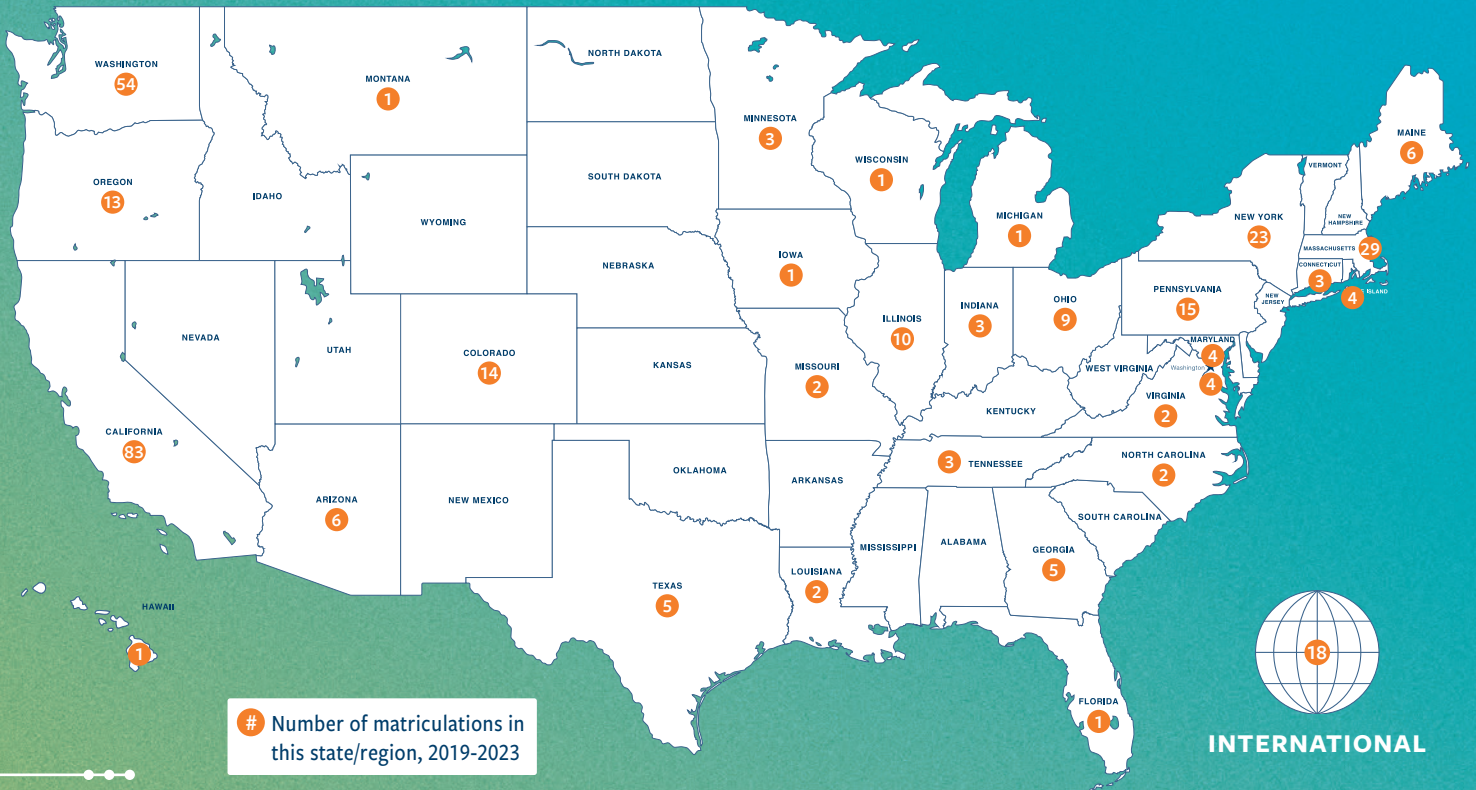
Class of 2024: **21** National Merit Scholar commended students



Class of 2024: **12** National Merit Scholar semifinalists







# College Attendance

During the five year period 2019-2023, one EPS graduate has attended each institution listed below. When more alumni have attended, the number is noted in parentheses.

- Arizona State University (3)
- Babson College
- Bard College (2)
- Bates College (2)
- Belmont University
- Boston College
- Boston University
- Bowdoin College (3)
- Brandeis University (2)
- Brown University (4)
- California College of the Arts
- California Institute of Technology (2)
- California Polytechnic State University, San Luis Obispo (3)
- Carleton University
- Carnegie Mellon University (4)
- Cascadia College
- Case Western Reserve University (3)
- Chapman University (6)
- Charles University
- Claremont McKenna College (3)
- Colby College
- Colorado College (3)
- Colorado School of Mines
- Columbia College Chicago (2)
- Columbia University
- Cornell University (5)
- Dalhousie University
- Dallas Baptist University
- Davidson College
- Denison University
- DePaul University
- Dickinson College
- Duke University
- Eastern Washington University
- Edmonds College
- Embry-Riddle Aeronautical University, Prescott (2)
- Emerson College (3)
- Emory University (2)
- Fashion Institute of Design & Merchandising
- Fordham University (2)
- Franklin University Switzerland
- George Fox University
- George Washington University (4)
- Gonzaga University (2)
- Hamilton College
- Harvard University (2)
- Harvey Mudd College (4)
- Haverford College
- Illinois Wesleyan University
- Indiana University, Bloomington (2)
- Johns Hopkins University (2)
- Kenyon College (2)
- Lafayette College
- Lewis & Clark College
- Loyola Marymount University (3)
- Macalester College
- Maryland Institute College of Art
- Massachusetts Institute of Technology (2)
- McDaniel College
- McGill University
- New York University (3)
- Northeastern University (5)
- Northwestern University
- Oberlin College
- Occidental College (4)
- Olin College of Engineering
- Oregon State University (4)
- Oxford College of Emory University
- Pacific University
- Pepperdine University
- Pitzer College (2)
- Pomona College (2)
- Purdue University
- Queen's University
- Reed College (2)
- Rensselaer Polytechnic Institute
- Rice University (3)
- Rochester Institute of Technology (3)
- San Diego State University
- Santa Clara University (12)
- Sarah Lawrence College
- Savannah College of Art and Design (2)
- School of Drama at The New School
- Scrpps College (3)
- Seattle University (3)
- Simpson College
- Skidmore College
- Smith College (2)
- St. Olaf College
- Stanford University (8)
- Swarthmore College (3)
- Syracuse University (2)
- Temple University, Japan
- Texas A&M University
- The College of William and Mary
- The Ohio State University (2)
- The University of Tampa
- Trinity College Dublin (2)
- Tufts University (5)
- Tulane University of Louisiana (2)
- University of Arizona
- University of British Columbia (2)
- University of California, Berkeley (5)
- University of California, Irvine (3)
- University of California, Los Angeles (6)
- University of California, San Diego (2)
- University of California, Santa Barbara (2)
- University of California, Santa Cruz (3)
- University of Chicago (4)
- University of Colorado, Boulder (7)
- University of Denver (3)
- University of Hawaii, Manoa
- University of Illinois, Urbana-Champaign
- University of Minnesota, Twin Cities
- University of Oregon
- University of Pennsylvania (4)
- University of Portland (2)
- University of Redlands
- University of Richmond
- University of Southern California (4)
- University of Toronto (4)
- University of Victoria
- University of Washington, Bothell
- University of Washington, Seattle (32)
- University of Waterloo (2)
- University of Wisconsin, Madison
- Vanderbilt University (2)
- Villanova University
- Washington State University
- Washington University in St. Louis (2)
- Wesleyan University
- Western Washington University (6)
- Whitman College (6)
- Whittier College
- Willamette University
- Worcester Polytechnic Institute (4)
- Yale University (2)



# EPS Alumni: Creating a Better World

Here are two profiles from members of the EPS alumni community—604 graduates strong and counting!

## CAMERON GREENBERG, CLASS OF 2012

*“Having more adults showing interest concretely and genuinely in students is really enriching. Combined with the resources the school puts behind student interests, and the support the teachers offer, it tells them that their interests matter.”*

Cameron Greenberg’s advice for those considering EPS? If you want a place that’s safe and comfortable for exploring identities, interests, and smaller social interactions, you’ll feel at home here. “Eastside Prep was really a great place to figure out what I was really interested in, and it gave me a lot of opportunities to explore those interests.” Cameron fondly recounts his love of creative writing, along with experiential learning opportunities like annual spring trips, and independent projects with mentors. Dr. Elena Olsen, Cameron’s advisor, read the over 100-page novel he wrote for his senior project. “It was a very supportive environment to explore those kinds of things...I embarked on trying to write a novel that year. It may not have gone anywhere, but it was a really cool experience and I’m still writing to this day.”



Cameron joined EPS for Middle School in 2005 and graduated in 2012. He majored in English and minored in Political Science at Oberlin College. Cameron first worked at a boutique staffing consulting firm for about a year, and then joined We Communications. As a Senior Account Executive, he supports both public relations and communications. Cameron helps shape media strategy and messaging for corporate sustainability and industry policy at Microsoft.



## MAX SHEFFIELD, CLASS OF 2014

*“I wanted to stay connected to Eastside Prep because it was such a huge part in making me who I am today. I want to make sure that all those positive aspects that I remember from my time of going to Eastside Prep are still thriving here.”*



Max Sheffield joined the EPS community as a sixth grader and remarks that “I pretty much instantly was in love with science, and so I found myself always loving the science classes all the way through graduation.” Max headed to Whitman College after graduating from EPS in 2014. After graduating with a major in biology and minor in computer science, Max returned to the area for his work with Adaptive Biotechnologies, first joining the production lab and then heading to the software team where he now serves as a Senior Software Development Engineer in Test. Max then rejoined the roster of EPS Ultimate—but this time, as an assistant coach.

As an EPS coach, Max hopes to create a strong community that can support each other through hard games, help push each other at practices, and achieve their goals. The Eastside Prep ethos of no-cut sports, and emphasis on participation, are key for Max. “Coaching for me means being a leader and being someone who can help students and players be the best that they can be—helping find their superpowers on and off the field, too.”

Learn more  
about our  
alumni





# Apply to Eastside Prep

We use the online application system **Ravenna Hub**, accessible through our website. Here are the components of an Eastside Prep application:

## PRELIMINARY APPLICATION

(completed online with **Ravenna Hub**)

- Complete Student and Household Profile
- Application Fee - \$75.00 or use the fee waiver code PSIS2024

## FAMILY FORMS

(completed online with **Ravenna Hub**)

- Parent/Guardian Statement\*
- Student Interests & Activities\*
- Student Essay\*
- Student Short Answers\*

\*Puget Sound Independent Schools (PSIS) Common Form

## SCHOOL RECORDS

(completed online with **Ravenna Hub**)

- Grades/Transcripts for the last three years, including 2023-2024, 2022-2023, and 2021-2022

**Why:** Students' school records can help us see how they've grown and progressed over their last three years of schooling, including areas of strength and areas where they can continue to grow. This helps us to understand where a student is academically and whether they're prepared to enter their application grade at EPS.

## TEACHER EVALUATION FORMS

(completed online with **Ravenna Hub**)

- Delegate Teacher Evaluations in Ravenna

You need two teacher evaluations. These evaluations should come from educators who know your student best, and with whom they have had the most contact in-person or remotely, who taught your student during one of the following school years: 2023-2024, 2022-2023, 2021-2022.

### Fifth and Sixth Grade Applicants

We prefer to hear from homeroom/primary teachers who know students best. Ideally, the teachers would be from two different school years.

### Seventh through Twelfth Grade Applicants

We prefer to hear from teachers in core subjects such as English, history, math, and science. Ideally, the two teachers would be from these two different areas of academic skills: reading/writing (English / language arts / history / social sciences) and quantitative reasoning (science / math).

**Why:** Teacher's evaluations give us an in-the-classroom view of how a student interacts with peers and teachers. We hear teachers' firsthand experiences with the student. This allows us to visualize how your student will engage with the EPS community.

## STANDARDIZED ADMISSION TEST SCORES

(one of the following tests, with no preference between testing types)

- SSAT (Secondary School Admission Test)**
  - At-home testing available for students applying to sixth-grade or higher.
  - Paper test available
  - EPS school code: 2949
  - Register at [www.ssat.org](http://www.ssat.org)
- ISEE (Independent School Entrance Exam)**
  - At-home testing available for students applying to fifth-grade or higher.
  - In-person testing available at testing sites
  - EPS school code: 481417
  - Register at [erblearn.org/parents/admissions-testing-isee](http://erblearn.org/parents/admissions-testing-isee)

**Why:** Standardized test results are only one measure of a student's academic performance or ability, but they are a more consistent measure as all students are tested on similar material and scored in the same manner.

We particularly value the writing sample from these standardized tests, as it shows us how students approach a question and think through their answer without any advance preparation.

## ONLINE STUDENT ASSESSMENT: INTERVIEW AND WRITING SAMPLE

(completed online with **Kira Talent**, by invitation)

- Complete the Online Student Interview and Writing Sample

**Why:** Our priority in our admissions process is that we get to know each student as an individual—their personalities, interests, and the unique way that they think about questions. Through recorded interview responses, students can express this in their own words, providing authentic insight for our Admissions Committee into each student's identity and personality.

## PARENT/GUARDIAN INTERVIEW

(register online with **Ravenna Hub**)

- Complete Parent/Guardian Interview

A thirty-minute virtual session designed to help us learn about applying students and families through the parent/guardian lens while also providing you with an opportunity to ask questions about EPS.

**Why:** Parents are an important part of the EPS community. That's why we want to get to know you through a parent/guardian interview, where you'll have an opportunity to share more about your student and your family, and to ask any questions about EPS.

## KEY ADMISSION DATES

<b>December 04</b>	Financial aid application deadline for returning EPS families
<b>January 11</b>	Application deadline
<b>February 02</b>	Financial aid application deadline for prospective families
<b>February 23</b>	Upper School admissions decisions communicated at noon
<b>March 01</b>	Responses from Upper School families due at noon
<b>March 22</b>	Middle School admissions decisions communicated at noon
<b>March 29</b>	Responses from Middle School families due at noon

→ Learn more about applying to EPS



## TALI Hall (TALI)

LOWER	Scene Shop	002
	O'Hara Art Studios:	
	Visual Art Studio	003
	Media Studio	005
	Digital Arts Lab	006
Electric Car Program	007	
FLR 1	Carnevali Gallery	
	Theatre	101
	Dressing Rooms	102
	Choral Studio	103
Admissions, College Counseling	108-114	
FLR 2	Harkness Room	206
	<i>Humanities, seminars</i>	
Theatre Balcony	210	
FLR 3	Reingold Music Studio	301
	<i>Instrumental music</i>	
Physics Lab	305	
Biology Lab	306	
Friel Learning Center	314-320	
<i>Counseling, Learning Support, Guided Study Hall</i>		
Alumni Relations Office		
Equity & Inclusion Coordinators	114	
Music practice rooms	321-323	
FLR 4	Boardroom	405
	Bishop Administrative Offices	407-415
<i>Business, Academics, Head of School, Institutional Advancement</i>		
ALL	Classrooms	multipurpose

## Middle School (MS)

FLR 1	MS Head Office	106
	Executive Assistant Office	104
Science Lab	101	
Maker Space	107, 108	
Counselors Office	105	
FLR 2	Science Lab	206
	MS Teacher Offices	
ALL	Classrooms - Multipurpose	
Common Areas		
Lockers		

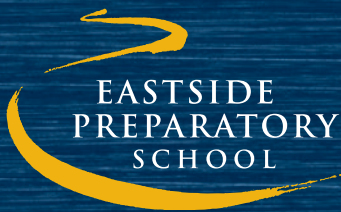
## Levinger-Poole Commons (LPC)

FLR 1	Dining Services	
	Meeting Rooms	101, 102
FLR 2	Yoga Studio	202
	School Nurse	203, 204
Student Well-Being Offices	208, 209	
<i>Counseling, Experiential Education, Student Life</i>		
Library	201-A	
ALL	Classrooms	multipurpose

## The Macaluso Academic Collaborative (TMAC)

LOWER	Sanders Design Lab	
	<i>featuring CNC (material cutter), five 3D printers, two laser cutter/etchers, electronics, VR station</i>	
Technology Office		
<i>technology support and resources</i>		
Michael and Mary Kay Hallman Amphitheater		
<i>performance, presentations, robotics competitions</i>		
FLR 1	Upper School Commons	100
	US Head Office	101
Short Family Science Lab: Chemistry	103	
FLR 2	Short Family Science Lab: Biology	201
	Athletics Offices	209-211
FLR 3	Gym	300
	Locker Rooms	302, 303
FLR 4	Physical Education Office	401
	Athletic Trainer	403
ALL	Classrooms	multipurpose

➔ Enjoy a virtual or self-guided campus tour at these six waypoints!



# Campus Guide

- ADA-accessible path
- ▶ ADA-accessible entry
- ▶ Building Entry

