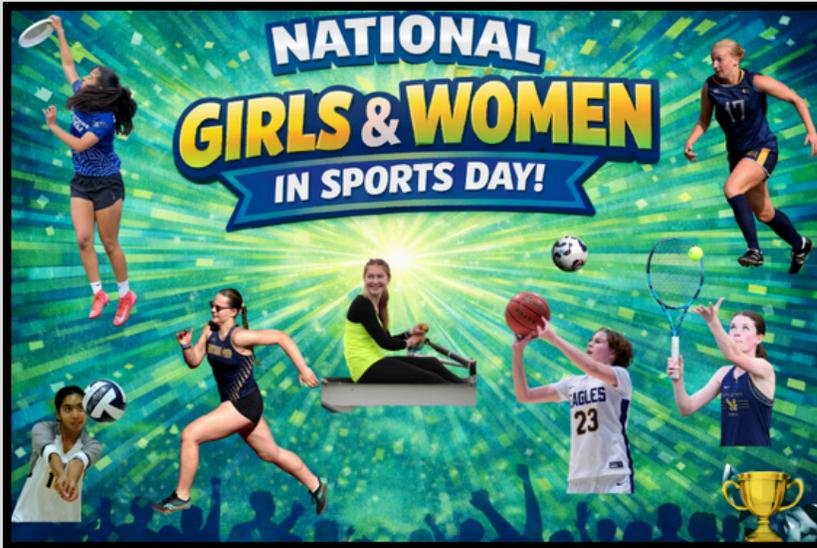


EAGLES SPORTS REPORT



FROM THE ATHLETICS OFFICE



As another year of National Girls & Women in Sports Day approaches (February 4), I'm excited to once again celebrate the progress of female athletes and the vital role they play at EPS. As a long-time athlete myself, I've witnessed firsthand the unique challenges and inequalities women have had to overcome in sports. This year, rather than speaking for them, I'm excited to spotlight some highly accomplished female leaders in sports who have helped pave the way for all of us—and let them speak for themselves!

"Women are expected to be grateful for opportunities men are entitled to." - Hope Solo 🏐

"Break records. Break barriers. I'll fight so [my daughter] doesn't have to." - Allyson Felix 🏃

"If you don't fight for women's sports, you are choosing to hold them back." - Billy Jean King 🎾

"As women athletes, we're asked to prove ourselves again and again." - Brittney Griner 🏀

"Women have to play twice as well to get half the recognition." - Michelle Wie West 🏌️♀️

"Equality is not something you wait for. You demand it." - Venus Williams 🎾

"Progress doesn't happen by waiting quietly." - Megan Rapinoe 🏈

"People call it progress, but it's really just catching up." - Sue Bird 🏀

"Equality shouldn't be controversial."
- Alex Morgan 🏈



Professional Sports Pay (Average)

NBA: \$9-12 M / WNBA: \$100-150K

M Soccer \$450 K / W Soccer \$50-75K

PGA: 1-1.5 M / LPGA \$140-350K

M Tennis 1.5 M / W Tennis 1.0 M

Same Sports. Different Start Lines.

Basketball	Professional Basketball	Soccer
Men's NCAA Tournament - 1939	NBA - 1946	Men's World Cup - 1930
Women's NCAA Tournament - 1982	WNBA - 1997	Women's World Cup - 1991
Tennis	Golf	Track & Field
Wimbledon (Men) - 1877	PGA Tour - 1929	Olympic Men's Track - 1896
Women's Singles Added - 1884	LPGA - 1950	Women's Track Added - 1928

**NGWSD VIDEO
EPS STYLE...**

▶ WATCH NOW

JANUARY EVENTS *recaps*

BASKETBALL + CHICKEN + ROLLER SKATES + SMORES = 1ST ANNUAL WINTER HOOPFEST



“ These taste like chicken tenders I'd have poolside at a resort! - overheard ”

SEE YOU NEXT YEAR!



DON'T FORGET!

SPRING SPORTS REGISTRATION

DUE TODAY JAN 30

[click here to register](#)

Click to stay up to date on all the Eagle highlights.



FOLLOW US ON INSTAGRAM!



For the **fourth straight year**, 7th/8th Boys Basketball lit up the EPS gym as they welcomed *Ventura Missionary School from California* for a spirited game! After the buzzer, both teams enjoyed a pizza dinner together, keeping a favorite tradition that players and families from both schools look forward to every year!



EAGLES VS AUSTRALIA



The US Boys Basketball teams kept the gym buzzing over winter break, hosting Players First Academy from Australia for the **second annual Eagles vs Australia faceoff!**



Ya's Corner

I'm switching things up in this segment because I want to share personal stories that may be relatable and hopefully resonate with you in one way or another. As an athlete myself, I want to open up about my experiences, mental health, and lessons I've learned through sport over the years.

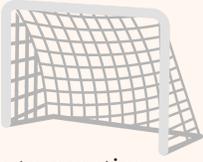
I've always loved sports, and I've spent most of my life in competitive environments. This winter I joined a new team, and it reminded me how hard it can be to walk into a group and try to find my place. Even with experience, being new comes with pressure to perform, earn trust, and prove that I belong.

I've also been reminded how quickly I can become my own toughest critic. Even on days when I'm playing well and contributing, one mistake can shake me. A missed run or a turnover suddenly feels bigger than everything else. When I'm on a team where roles, relationships, and feedback are still developing, it's easy to internalize those moments and start questioning myself.

What's helped is keeping my focus on a few teammates who are supportive and grounding. It's been a good reminder that team sports are team sports for a reason. Naturally, everyone messes up and I'm learning that no one is expected to be perfect, even though it often feels that way.



Sometimes growth looks less like "shaking things off" and more like showing up again and learning to quiet the inner critic. I've had moments where quitting crossed my mind, but staying has forced me to practice patience, mental toughness, and giving myself a little more grace.



I share this because these are the same things I hear from many EPS athletes. Confidence isn't steady, team dynamics can be messy, and feeling like you belong takes time. What matters most is how we move through those moments, how we support each other, and being kind to ourselves along the way.



Confidence and resilience are not traits that appear overnight. They grow through uncomfortable moments, honest self-reflection, and choosing to stay committed even when things feel hard or discouraging.

COMING SOON

Eagles Basketball

SENIOR NIGHT

Friday, February 6th

4p JV Boys | 5:30p Var Boys | 7p Var Girls

Celebrate our seniors with snacks, treats, and a 3 on 3 Halftime Competition!



COACH SPOTLIGHT



We're excited to welcome Kylea as our new girls tennis coach this spring! She brings over 20 years of playing experience, a competitive spirit, and a genuine love for the game. A standout at Redmond High School, Kylea won the 4A KingCo singles title her senior year, competed at the state tournament, and later played three years of collegiate tennis at Portland State University.

In recent years, Kylea has jumped back into competitive play, winning a local league playoff championship, qualifying for sectionals in mixed doubles, and competing at the One Doubles Nationals this March. She's also passionate about growing the game and has worked with young athletes through youth tennis camps with Teenie Tennis and Redmond Parks.

When she's not on the court, Kylea enjoys spending time with family, taking road trips, going to concerts, watching Hallmark movies, and volunteering with Motley Zoo Animal Rescue. She's excited to be back on the courts this spring, building a positive team culture, and sharing her enthusiasm for tennis with our players.



KYLEA GLEASON

BOYS BASKETBALL PLAYOFF BRACKET

February 11
@ Higher Seeds

6	Seed 6
#1	Feb. 11, Time TBD
3	Seed 3
<i>Loser to #7</i>	

7	Seed 7
#2	Feb. 11, Time TBD
2	Seed 2
<i>Loser to #7</i>	

5	Seed 5
#3	Feb. 11, Time TBD
4	Seed 4
<i>Loser to #8</i>	

8	Seed 8
#4	Feb. 11, Time TBD
1	Seed 1
<i>Loser to #8</i>	

February 13
@ Higher Seeds

Winner #1	
#5	Feb. 13, Time TBD
Winner #2	
<i>Loser to #10</i>	

Winner #3	
#6	Feb. 13, Time TBD
Winner #4	
<i>Loser to #9</i>	

L1 vs. L2

Loser #1	
#7	Feb. 13, Time TBD
Loser #2	
<i>Loser Out</i>	

L3 vs. L4

Loser #3	
#8	Feb. 13, Time TBD
Loser #4	
<i>Loser Out</i>	

February 17 & 20
@ Higher Seeds

Championship

Winner #5	
#12	Feb. 20, Time TBD
Winner #6	
<i>Both Teams to State</i>	

W7 vs. L6

Winner #7	
#9	Feb. 17, Time TBD
Loser #6	
<i>Loser Out</i>	

W8 vs. L5

Winner #8	
#10	Feb. 17, Time TBD
Loser #5	
<i>Loser Out</i>	

February 21
@ Higher Seed

Winner #9	
#11	Feb. 21, Time TBD
Winner #10	
<i>Winner to State, Loser Out</i>	



Winner and Loser of Game #12 and Winner of Game #11 advance to State. WIAA Seeding Committee will seed the State Tournament Bracket.

GIRLS BASKETBALL PLAYOFF BRACKET

February 9
@ Higher Seeds

February 12
@ Higher Seeds

February 14
@ Higher Seeds

February 18 & 20
@ Higher Seeds

February 21
@ Higher Seed

