

EPS 2025 FALL SPORTS REGISTRATION

DEADLINE TO REGISTER IS FRIDAY, JUNE 20

At EPS, our program is built around student-athletes' commitment to their teams. Athletes are expected to attend all practices and games. It is often not feasible to balance other after-school commitments with athletic participation*. Please consult with Ms. Eng before the season to work out whether the sport you wish to play can be compatible with other commitments.

*Activities not compatible include Debate, Robotics, Drama, Club Teams, etc. if they practice on the same days as your team.



UPPER SCHOOL SPORTS



GIRLS SOCCER



- PRACTICES MON-FRI 3:30-5:15PM
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

BOYS ULTIMATE



- PRACTICES MON-FRI 3:45-5:15PM
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

GIRLS VOLLEYBALL



- PRACTICES MON-FRI (PRACTICE TIMES DEPEND UPON TEAM PLACEMENT)
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

BOYS GOLF



- PRACTICES MON-THU 3:30-5:15PM
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

CROSS COUNTRY

FAMILY VOLUNTEER REQUIREMENT: AN ADULT IS NEEDED FROM EACH FAMILY FOR TWO MEETS (SIGN UP SHEET WILL BE SENT)



- PRACTICES MON-FRI 3:15-4:45PM
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

BOYS TENNIS



- PRACTICES MON-FRI 4-5:30PM
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

8TH-12TH ROWING



- **FALL ROWING IS A PREREQUISITE FOR SPRING ROWING**
- PRACTICES MON-FRI 3:15-6:15PM
- BEGINS MON AUGUST 25
- **TIME COMMITMENT, FEES & PREREQUISITE DETAILS [HERE](#)**
 - AFTER REVIEWING DETAILS, PLEASE SIGN UP HERE: [NOVICE](#) | [COMPETITIVE](#)

TEAM MANAGER

- 3-5 DAYS/WEEK DEPENDING ON TEAM SCHEDULE
- BEGINS MON AUGUST 25
- [CLICK HERE TO SIGN UP](#)

MS. ENG WILL MEET WITH INTERESTED STUDENTS TO DISCUSS OPPORTUNITIES. IF MULTIPLE STUDENTS WANT THE SAME TEAM, INTERVIEWS WILL BE HELD.
[EMAIL MS. ENG](#) FOR MORE DETAILS



MIDDLE SCHOOL SPORTS



5/6 SOCCER

- BEGINS WED SEPT 3
- PRACTICES DURING THE DAY
- 6-8 AFTERSCHOOL GAMES **REQUIRED**
- CAN ALSO REGISTER FOR CROSS COUNTRY

ATHLETES ARE ALREADY REGISTERED IN FOUR11 AND WILL BE CONTACTED TO COMPLETE SIGNUP.

5/6 GIRLS VOLLEYBALL

- BEGINS WED SEPT 3
- PRACTICES DURING THE DAY
- 6-8 AFTERSCHOOL MATCHES **REQUIRED**
- CAN ALSO REGISTER FOR CROSS COUNTRY

ATHLETES ARE ALREADY REGISTERED IN FOUR11 AND WILL BE CONTACTED TO COMPLETE SIGNUP.

7/8 SOCCER

- START: MON SEPT 8 | STOP: END OF OCT
- PRACTICES M/W 3:45-5:15PM
- 6-8 GAMES
- GIRLS CAN ALSO REGISTER FOR VOLLEYBALL
- SIGN UP HERE: [GIRLS](#) | [BOYS](#)

7/8 GIRLS VOLLEYBALL

- START: TUES SEPT 9 | STOP: END OF OCT
- 6-8 MATCHES
- PRACTICES TUE/THU 3:15-4:45PM
- CAN ALSO REGISTER FOR SOCCER
- [CLICK HERE TO SIGN UP](#)

CROSS COUNTRY

FAMILY VOLUNTEER REQUIREMENT: AN ADULT IS NEEDED FROM EACH FAMILY FOR TWO MEETS (SIGN UP SHEET WILL BE SENT)

- START: TUES SEPT 10 | STOP: END OF OCT
- ABOUT 4 MEETS TOTAL
- PRACTICES TUE/WED/THU 3:15-4:15PM
- [CLICK HERE TO SIGN UP](#)

IT IS POSSIBLE TO BE ON MULTIPLE MIDDLE SCHOOL TEAMS, AS LONG AS PRACTICE DAYS DO NOT CONFLICT.