

# EPS 2026-27 FALL SPORTS REGISTRATION

DEADLINE TO REGISTER IS FRIDAY, JUNE 19

At EPS, our program is built around student-athletes' commitment to their teams. Athletes are expected to attend all practices and games. **It is often not feasible to balance other after-school commitments with athletic participation\***. Please consult with Ms. Eng before the season to work out whether the sport you wish to play can be compatible with other commitments.

**\*Activities not compatible include Debate, Robotics, Drama, Club Teams, etc. if they practice on the same days as your team.**



## UPPER SCHOOL SPORTS\*



August practices are **REQUIRED** for all Upper School Athletes

### US GIRLS SOCCER



SEASON: Mon, Aug 24 - mid November

PRACTICE: Mon-Fri 3:30-5:15p

[Click to Register: US Girls Soccer](#)

### US BOYS ULTIMATE



SEASON: Mon, Aug 24 - mid November

PRACTICE: Mon-Fri 3:45-5:15p

[Click to Register: US Boys Ultimate](#)

### US GIRLS VOLLEYBALL



SEASON: Mon, Aug 24 - mid November

PRACTICE: Mon-Fri (time depends upon team placement)

[Click to Register: US Girls Volleyball](#)

### US BOYS GOLF



SEASON: Mon, Aug 24 - mid October

PRACTICE: Mon-Thurs 3:45-5:30p

[Click to Register: US Boys Golf](#)

### 8-12 FALL ROWING



Novice and Competitive

*Fall Rowing is a prerequisite for Spring Rowing*

[Click for full details: Fall Rowing](#)

### US BOYS TENNIS



SEASON: Mon, Aug 24 - mid October

PRACTICE: Mon-Fri 4:00-5:30p

[Click to Register: US Boys Tennis](#)

### US CROSS COUNTRY

**FAMILY VOLUNTEER REQUIREMENT:** an adult is needed from each family for one meet (sign up sheet will be sent)



SEASON: Mon, Aug 24 - early November

PRACTICE: Mon-Fri 3:15-4:45p

*Some meets are on Saturdays*

[Click to Register: US Cross Country](#)

### US TEAM MANAGER

- 3-5 day/week, depending upon team schedule
- Begins Mon Aug 24 and ends after playoffs

Ms. Eng will meet with interested students to discuss opportunities. If multiple students request the same team, interviews will be conducted. **Email Ms. Eng** for more details.

[Click to Register: US Team Manager](#)



## MIDDLE SCHOOL SPORTS



It is possible to be on multiple middle school teams, as long as practice days do not conflict.

### 5/6 SOCCER\*

- **SEASON:** Fall Trimester
- **PRACTICES:** During the school day
- **GAMES:** ~6 afterschool (**required**)
- Can also register for Cross Country

**\*This is a class - athletes are already registered in Four11.**

**No link to click!** Players will be contacted to sign up.

### 5/6 GIRLS VOLLEYBALL\*

- **SEASON:** Fall Trimester
- **PRACTICES:** During the school day
- **MATCHES:** ~6 afterschool (**required**)
- Can also register for Cross Country

**\*This is a class - athletes are already registered in Four11.**

**No link to click!** Players will be contacted to sign up.

### 7/8 SOCCER

- **SEASON:** Wed, Sept 2 - end of October
- **PRACTICE:** Mon & Wed 3:45-5:15p
- **GAMES:** 6-8 afterschool (**required**)
- *Girls can also register for volleyball*

[Click to Register: 7/8 GIRLS Soccer](#)

[Click to Register: 7/8 BOYS Soccer](#)

### 7/8 GIRLS VOLLEYBALL

- **SEASON:** Tues, Sept 8 - end of October
- **PRACTICE:** Tues & Thurs 3:15-4:45p
- **MATCHES:** 6-8 afterschool (**required**)
- Can also register for 7/8 Soccer

[Click to Register: 7/8 Girls Volleyball](#)

### CROSS COUNTRY

**FAMILY VOLUNTEER REQUIREMENT:** an adult is needed from each family for one meet (sign up sheet will be sent)

**SEASON:** Wed/Sept 2 - end of Oct **PRACTICE:** Tues/Wed/Thurs 3:15-4:15p **MEETS:** ~4 afterschool (**required**)

[Click to Register: MS Cross Country](#)